

Primary Prevention Partners Meeting Minutes

January 24, 2018

1:00 – 4:00 p.m.

Present: Mallory Sattler, NDDoH; Peggy Jo Coll, CVIC; Kaitlin Foley, CVIC; Alyssa Jorud, CVIC; LeAnn Richard, MFRC; Mary Thysell, Safe Shelter; Veronica Zietz, Catholic Health Initiatives; Rachelle Hauser, WARC; Lisa Weisz, WARC; Susan Rittenour, TRCC; Becky DeVries, TRCC; Katie Fitzsimmons, ND University System; Lisa Weisz, WARC; Susan Rittenour, TRCC; Kristina Knutson, CAWS; Carrie Ozune, DVCC; Paula Condol, Children's Advocacy Center; and Erica Davidson, National Guard

- **Sources of Strength**

- Mark LoMurray presented on the suicide prevention program Sources of Strength. It is currently being evaluated as a sexual violence prevention strategy in Colorado by CDC. Visit <https://sourcesofstrength.org/> or contact Mark at marklomurray@gmail.com or Cody Sletten at cody@sourcesofstrength.org for more information. Slides are included.

- **RPE Updates from Mallory**

- The National Sexual Violence Resource Center will provide a primary prevention training at the Quality Inn, Bismarck on March 27. Event is free.
- Green Dot Certification Training for Valley City, Fargo, and Grand Forks teams will be April 9-12 in Fargo.
- Please complete the Prevention Capacity Survey by February 2
- BRFSS Fact Sheet is now available on the toolkit. Mallory will resend to group.
- Wrote a Consensus Council Grant to support additional Green Dot expenses.

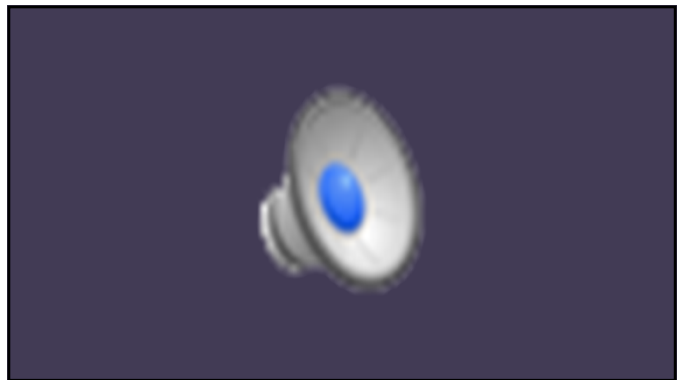
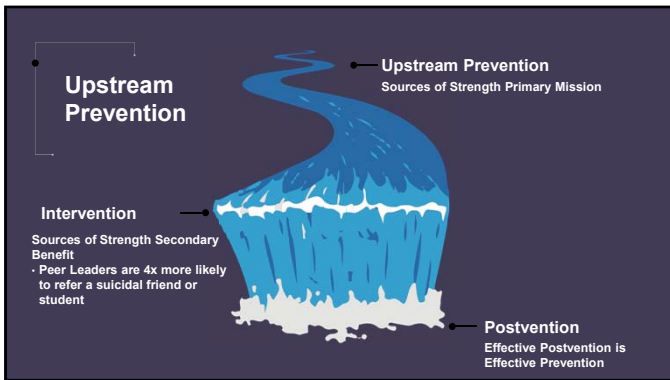
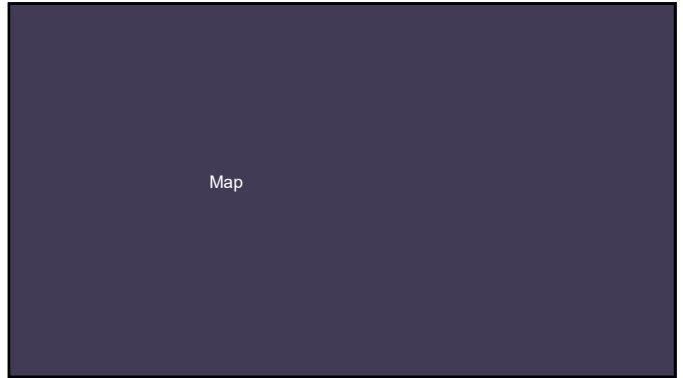
- **Community Readiness Assessment Debrief**

- The group reflected on the process. Difficulties scheduling during the summer, selecting people in the know about prevention, confusing terminology, and reasons to participate were noted. Several of the DVSA programs did not participate in the interviews as the instructions conveyed they should be a silent partner, but this was a miscommunication.
- Webinar will be available online soon as well as a statewide report.

- **Program Updates**

- Kate Schirado, DPI – sends monthly newsletters to school and people can send info for her to include; working on health education standards; writing 1305 grant
- WARC – Safe Dates with 40 students for 8 weeks in Beulah middle school; put Stalking Awareness month ad in newspaper

- Kristina Knutson, CAWS – Race to Zero in Bismarck April 7 and Fargo April 14; SADD conference with youth summit March 19 and all SADD chapters are invited; Submitted DELTA grant to CDC
 - Jacob Olson, APOC – table tents and bulletins for stalking awareness month; preparing for Green Dot; starting BullyBusters; Safe Dates in schools
 - Mary Thysell, Safe Shelter – 10 sessions for 2 classes in Carrington; trying to do BullyBusters at afterschool summer school program; clothesline project for SAAM
 - Veronica Zietz, CHI – PREP trainers will teach Within My Reach to another round of people; IPV Summit from Futures Without Violence in April
 - Alison Traynor, DoH – Sources of Strength
 - Erica Davison, National Guard – Race to Zero; mandatory SA training is now prevention focused
 - LeAnn Richard, MFRC – Safe Dates in Turtle Lake
 - Katie Fitzsimmons, NDUS – Title IX investigator trainings; NDSU has a SA Advocate position open; Governors Prevention Day is April 11
 - CVIC – Transitioning to Green Dot
 - Carrie Ozuna, DVCC – working on community engagement in Mohall and hoping for a prevention focus; Partner with MSU for Teen Dating Violence Month; Talking to PATH about Safe Dates; Doing Panel at Western Educator Conference
- **Future Meetings in 2018**
 - April 25
 - July 25
 - October 24



TARGETS

Year 1

- 28 Schools
- 1,000 Peer Leaders reaching 10,000 students

Year 2

- 50-60 Schools
- 2,000 Peer Leaders reaching 20,000 students



COST BENEFITS

Approximately 180,000 peer to peer messages

\$.85 per message

TARGETS OUTCOMES

Long Term

- Reduce fatalities and injuries
- Reduce suicide attempts, bully behavior, dating violence and substance abuse

TARGETS OUTCOMES

Intermediate

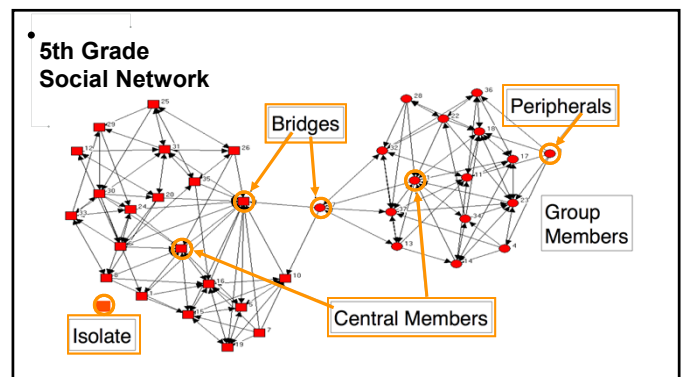
- Increase social connections and reduce isolation
- Increase coping and resiliency
- Increase helpseeking (early)
- Break "codes of silence" – Increase connections and referrals
- Increase partnerships between Sources and other groups

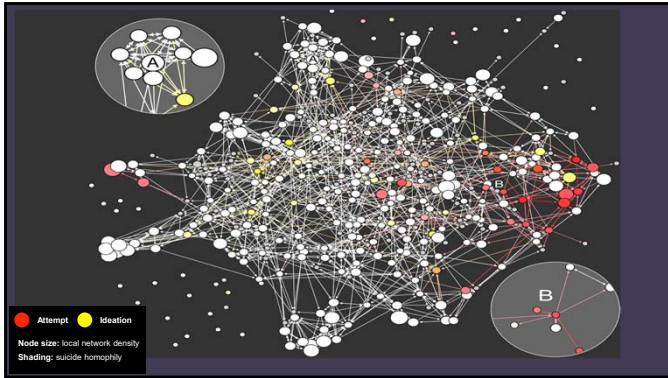
Power of Partnership

TARGETS OUTCOMES

Short Term

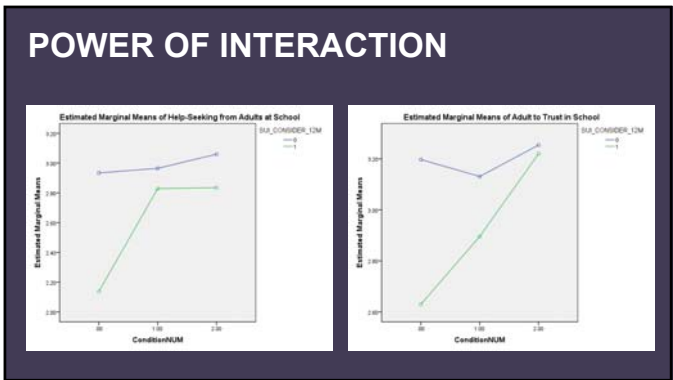
- Increase social interactions
 - Family, positive friends and mentors
 - Increase coping skills
 - Healthy activities, generosity and spirituality (thankfulness)
- Increase Mental Health wellness
 - What Helps Me campaign
 - I am Stronger campaign
 - Thankfulness Journal campaign
- Increase Team Effectiveness





- ### FIVE ENGINES OF SUCCESS
- Social Networking Theory
 - Positive Psychology
 - Active Learning Model
 - Positive Social Norming
 - Internalized Strength Stories

- ### PREVENTION CAUTIONS
- Unintended Consequences
 - Suicide Prevention still stuck on negative social norming
 - Issue “Siloing”
 - NREPP Disbanded
 - One-shot Presentations – impact is measured in hours and days



- ### 10% of STUDENT POPULATION
- Community Spread
 - Growth from year to year

