

What are the issues and/or challenges in dealing with early detection and treatment of mental health?					
CHALLENGES	EXISTING RESOURCES	NEED FOR RESOURCES	EXISTING PARTNERSHIPS	NEEDED PARTNERSHIPS	RESOURCES/ CONTACT INFORMATION
<p>1. Lack of providers including specialists and therapists.</p> <p>2. Stigma that goes with mental illness including going to counseling and being on medicine.</p> <p>3. Lack of parental involvement.</p> <p>4. Education and awareness.</p> <p>5. Expanding resources for early detection of mental illness through screening.</p> <p>6. State and IHS together should address the problem.</p>	<p>1. Identify what IHS mental health services, resources, programs are currently available. (action item)</p> <p>2. Identify what ND Dept of Human Services Mental Health and Substance Abuse services/resources/ programs are currently available. (action item)</p>	<p>1. Role models.</p> <p>2. Parenting classes.</p> <p>3. Training opportunities to educate providers and field staff about available resources so that they can make appropriate referrals.</p> <p>4. Track referral information of patients diagnosed with STDs, HIV and TB to evaluate patient uptake/successful referral, refused referral, unable to locate, etc. Share this data with stakeholders and IHS.</p>	<p>1. Kris Storbeck, LAC, Substance Abuse Treatment Administrator, ND Department of Human Services Division of Mental Health & Substance Abuse Services 1237 W. Divide Ave. Suite 1C Bismarck, ND 58501-1208 701.328.8982 kstorbeck@nd.gov</p> <p>2. Pamela Sagness, LAC Prevention Administrator, Division of Mental Health & Substance Abuse, 1237 W. Divide Ave. Suite 1C Bismarck, ND 58501-1208 701.328.8824 701.328.8969 psagness@nd.gov</p>	<p>1. Identify a contact at Mental Health Services within the state, tribes and IHS to collaborate with and share this document with:</p> <p>N.D. Dept. of Human Services Division of Mental Health and Substance Abuse Services, 600 E. Blvd. Ave. Dept 325 Bismarck N.D. 58505-0250 701.328.2310 701.328.2359 dhseo@nd.gov</p>	<p>www.nd.gov/dhs/services/mentalhealth/</p> <p>www.nd.gov/dhs/services/mentalhealth/children-training.html</p> <p>www.nd.gov/dhs/services/mentalhealth/children.html</p>

How do we empower and assist Indian Health Service to add more services?					
CHALLENGES	EXISTING RESOURCES	NEED FOR RESOURCES	EXISTING PARTNERSHIPS	NEEDED PARTNERSHIPS	RESOURCES/ CONTACT INFORMATION
<p>1. IHS does not have enough providers to provide the services.</p> <p>2. Grant funding.</p> <p>3. Reservation(s) needs assessment.</p>		<p>1. IHS should have a benefit coordinator to assist people through the system.</p> <p>2. There is a significant need for grant writers to not only write, but find grant opportunities.</p> <p>3. Collaboration between the state and IHS – use focus groups.</p>	<p>1. Greg Welch Health Information Analyst Immunization/STD HIV Coordinator Aberdeen Area Indian Health Service 115 4th Ave SE, Room 309 Aberdeen, SD 57401 605.226.7786 605.228.8586</p>	<p>1. Identify a contact at Northern Plains Tribal Epidemiology Center, Aberdeen Area Tribal Chairmen’s Health Board 1770 Rand Road Rapid City, SD 55702 605.721.1922 sschmasow@aatchb.org</p>	<p>Northern Plains Tribal Epidemiology Center: www.aatchb.org</p>

How can we address substance abuse and binge drinking?					
CHALLENGES	EXISTING RESOURCES	NEED FOR RESOURCES	EXISTING PARTNERSHIPS	NEEDED PARTNERSHIPS	RESOURCES/ CONTACT INFORMATION
1. Community perception of usage; Parental involvement can be negative if the parents have substance abuse issues, or can be positive if there isn't a problem with substance abuse at home.	Boys and Girls Club	1. Peer programs like "Tell it to Me Straight" dinners. 2. Prevention education. 3. Early youth education. 4. Consistent messaging. 5. Role models.			Department of Human Services; Mental Health and Substance Abuse Services. www.nd.gov/dhs/services/mentalhealth/ John Beranek from Sioux Fall, S.D. is the facilitator for the 'Tell It To Me Straight' dinner which involves parents. donttellmyparents.org 605. 310.3226

How do we influence youth to practice health behaviors?					
CHALLENGES	EXISTING RESOURCES	NEED FOR RESOURCES	EXISTING PARTNERSHIPS	NEEDED PARTNERSHIPS	RESOURCES/ CONTACT INFORMATION
1. Good role modeling.	1. Students Against Destructive Decisions (SADD) 2. Boys and Girls Club.	1. Good role models: -lead by example -peer mentors 2. Parent education and involvement: -positive reinforcement			John Beranek from Sioux Fall, S.D. is the facilitator for the 'Tell It To Me Straight' dinner which involves parents. donttellmyparents.org 605. 310.3226

How do we manage teen pregnancy, abstinence, and sexual activity among youth?					
CHALLENGES	EXISTING RESOURCES	NEED FOR RESOURCES	EXISTING PARTNERSHIPS	NEEDED PARTNERSHIPS	RESOURCES/ CONTACT INFORMATION
<p>1. Parent(s) and or school barriers.</p> <p>2. Accessibility of condoms and contraception.</p> <p>3. Issues with confidentiality</p>	<p>1. Regional NDDoH field staff is available for free comprehensive sex education/STD presentations.</p> <p>2. Identify medical services options available off the reservation (action item).</p>	<p>1. Education</p> <ul style="list-style-type: none"> -Birth control options for males and females -Educate youth early -Use electronic babies -Teen pregnancy classes -Comprehensive sexual education -School based services -Interactive programs and curriculum <p>2. Parental Involvement</p> <ul style="list-style-type: none"> -Family focused teaching -Community involvement -Extended family education 			<p>ND Family Planning Program www.ndhealth.gov/family-planning/Char Reiswig, Director 701.328.4535 creiswig@nd.gov</p> <p>NDDoH Field staff can be located at www.ndhealth.gov/Disease/Contacts/AreaCall.htm</p> <p>John Beranek from Sioux Fall, S.D. is the facilitator for the ‘Tell It To Me Straight’ dinner which involves parents. donttellmyparents.org 605. 310.3226</p> <p>Department of Public Instruction Health Education Coordinator Sandra Tibke 701.328.2098 smtibke@nd.gov</p>

How do IHS and data centers (CDC, NDDoH) collaborate to collect good-quality data?					
CHALLENGES	EXISTING RESOURCES	NEED FOR RESOURCES	EXISTING PARTNERSHIPS	NEEDED PARTNERSHIPS	RESOURCES/ CONTACT INFORMATION
<p>1. Collaboration between tribal councils, NDDoH and federal agencies.</p> <p>2. Building relationships between entities.</p> <p>3. Data needs to be consistent.</p>	<p>1. Northern Plains Tribal Epidemiology Center, Aberdeen Area Tribal Chairmen’s Health Board, 1770 Rand Road, Rapid City, SD 57702 605.721.1922 sschmasow@aatchb.org</p>	<p>Work groups from each area.</p> <p>MOU’s and MOA’s with each tribe.</p> <p>Data sharing agreement.</p> <p>Keep track of disease trends for data.</p> <p>Centralized data system.</p> <p>Electronic forms.</p> <p>Verification of gaps in data</p>	<p>1. Greg Welch, Health Information Analyst Immunization/STD/HIV Coordinator Aberdeen Area Indian Health Service 115 4th Ave SE, Room 309 Aberdeen, SD 57401 605.226.7786 605.228.8586</p> <p>2. Dr. Jennifer Giroux Great Plains Tribal Chairman’s Health Board jennifer.giroux@gptchb.org Jennifer.giroux@ihs.gov</p> <p>3. Scott Tulloch, Senior Public Health Advisor, CDC c/o Indian Health Service, National STD Program 5300 Homestead Road NE Albuquerque, NM 87110 505.248.4344 505.449.8620 scott.tulloch@ihs.gov sdt2@cdc.gov ihs.gov/medicalprograms/epi</p>	<p>1. Identify a contact at Northern Plains Tribal Epidemiology Center.</p> <p>Aberdeen Area Tribal Chairmen’s Health Board 1770 Rand Road, Rapid City, SD 57702 605.721.1922 sschmasow@aatchb.org</p>	<p>1. Northern Plains Tribal Epidemiological Center www.aatchb.org</p> <p>2. NDDoH data sources and contact information for each program:</p> <p>3. STD data www.ndhealth.gov/STD/default.htm</p> <p>Viral hepatitis data www.ndhealth.gov/disease/Hepatitis/</p> <p>TB data www.ndhealth.gov/disease/tb/</p> <p>HIV data www.ndhealth.gov/HIV/</p> <p>Family Planning www.ndhealth.gov/family-planning/</p> <p>Youth Risk Behavior Survey www.dpi.state.nd.us/health/YRBS/index.shtm</p>

<p align="center">How do we make ourselves approachable to youth in the community, prisons, treatment centers, and the homeless populations?</p>					
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<p>1. Outreach, education, awareness, and training to this population.</p>	<p>1. Characterize what screenings are currently happening in jails and youth detention centers throughout the state, on and off the reservations. (action item)</p>	<p>1. Take services to them. (outreach). 2. Home visits. 3. Youth involvement. 4. Mentoring program. 5. Cultural competency. 6. Diversity and sensitivity. 7. Teen parent education program and classes. 8. Training opportunities for educators, medical providers and counselors to learn to be empathetic: -Gain trust -Become a good listener -Incorporate native values and beliefs -Mentoring programs – -Speak their language and at their level -Honesty -Non-judgmental</p>		<p>1. N.D. Dept of Human Services Regional Human Service Centers www.nd.gov/dhs/locations/regionalhsc/</p> <p>2. Correctional Facilities-statewide. www.nd.gov/doctr/</p> <p>3. Look into working with juvenile detention centers.</p> <p>4. Reach teen groups in schools and churches.</p>	<p>1. Ruth Meiers Hospitality House www.rmhh.org</p> <p>2. ND Homeless Coalition (homeless shelters) www.ndhomelesscoalition.org</p> <p>3. New Life Center www.fargonlc.org 701.236.0372</p> <p>4. N.D. Dept. of Human Services County Social Service Offices Supplemental Nutrition Assistance Program (SNAP) www.nd.gov/dhs/services/financialhelp/foodstamps.html</p>

