MSA-2 PRE-EXAM COUNSELING

POLICY:

Individual pre-examination counseling should be conducted with each client.

The delegate agency should provide medical services related to family planning and the effective usage of contraceptive devices and practices (to include, but not limited to: physician consultation, examination, prescription, continuing services, laboratory testing, contraceptive supplies, as well as any necessary referrals to other medical facilities when medically indicated (42 CFR 59.5 (b)(1)).

PROCEDURE:

1. Information obtained from the client may include:
   a) reason for visit
   b) client’s questions and concerns
   c) review and update of the medical record
   d) client’s and partner’s satisfaction with the method of contraception
   e) reproductive life plan

2. The following information may be given to each client at the initial visit and subsequent visits, as appropriate:
   a) explanation of services
   b) explanation of confidentiality
   c) information on clinic hours and days (verbal and/or written)
   d) information on after hours and weekend services in case of emergency (verbal and/or written)
   e) client’s choices and responsibilities in sexuality
   f) importance of rubella immunity to reproductive health
   g) contraceptive choices (to include temporary and permanent), contraindications, potential side effects and benefits of each option
   h) information on emergency contraception
   i) explanation and preparation for physical examination, as appropriate
   j) information on safer sex

3. The client should be provided relevant education which may include:
   a) updates on education/counseling
   b) viewing of educational videos
   c) educational pamphlets or brochures

4. Obtain written and signed consent for services and screenings at the initial visit. (See Client Consent for Services Policy, MSA-1)

5. Give the client a copy of the client’s “Bill of Rights and Responsibilities”.
6. Other interview items to consider:

   a) assess the client's ability to properly use his/her chosen method of contraception
   b) educate client on reason for referral, as appropriate