

**FAMILY PLANNING PROGRAM****SECTION:** Medical Services Administration**POLICY AND PROCEDURE MANUAL****SUBJECT:** Post-Exam Interview

POLICY: All clients will have a post-examination interview following the physical examination at the initial visit and any revisit. Content shall be based on the client's need for education, counseling and client care.

PROCEDURE:

1. Post-examination interview includes:
 - a. instructions on correct use of contraceptive choice:
 - 1) verbal and written instructions
 - b. instructions on warning signs of problems with contraceptive method chosen
 - c. instructions on procedures to follow for an emergency or complication with contraceptive method:
 - 1) written and verbal instructions
 - d. instruction on revisits as indicated
 - e. explanation of history and physical findings and how findings might affect their contraceptive choice
 - f. explanation of laboratory findings
 - g. explanation of referral when appropriate
 - h. instructions on any treatment(s) recommended
 - i. explanation of the importance of any anticipated concerns
 - j. review information regarding ECP (emergency contraceptive pills).
 - k. instructions on medications
2. Allow time for client to ask questions and voice any concerns.
3. During the post-examination interview at which a client initiates or changes a method, obtain written and signed consent for contraceptive method of choice.
4. Post-exam interview must be documented on client's medical record. May indicate with "post-exam interview according to policy" if policy/procedures are written and available on-site.

Reference:

1. Program Guidelines for Project Grants for Family Planning Services, January 2001, p. 18-19, Section 8.2, Counseling.
2. Program Guidelines for Project Grants for Family Planning Services, January 2001, p. 23, Section 8.3, Physical Assessment and Laboratory Testing – Revisits.