



North Dakota Department of Health

**Sexual Violence &
Intimate Partner Violence**

PREVENTION TOOLKIT

Primary Prevention Partners Meeting

April 25, 1:00 – 4:00 p.m.

State Capitol, J-wing, AV Room 210 and

Videoconference Locations

1:00 p.m.	Welcome, Introductions and Background
1:30 p.m.	Primary Prevention Overview
2:00 p.m.	Presentations from Rape Prevention and Education (RPE) Grantees
2:30 p.m.	Discuss Group Purpose
3:30 p.m.	Future Meetings and Recap

Videoconference Locations:

Beulah – Coal Country Community Health Clinic (ask for Kandi at the front desk)

Fargo – Fargo Cass Public Health, Linden Room

Devils Lake – Mercy Hospital

Traill County Public Health – Still pending

Community Violence Intervention Center

Directions to AV 210 – Park in visitor parking lot

PRIMARY PREVENTION PARTNERS MEETING

April 25, 2016

Welcome! – We will begin shortly



- For those participating remotely, please complete the survey below while you are waiting if you have not already done so.

□ <https://www.surveymonkey.com/r/PPPGApril25>

- Please be prepared to share the following

- Name
- Agency
- Why you are interested in being part of this group

Rape Prevention and Education Grant



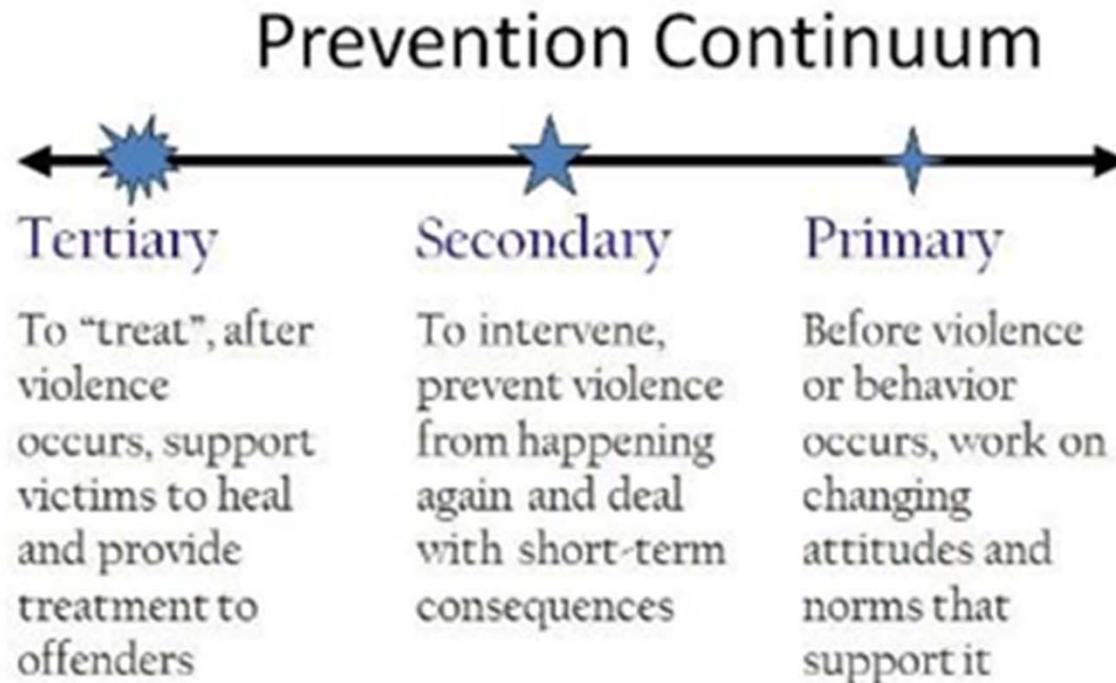
- Primary Prevention of Sexual Violence
- Public Health Approach
- North Dakota Department of Health
- 2 RPE Grantees in North Dakota
- Evaluator
- Guided by State Plan

What is Primary Prevention?



- Seeks to prevent individuals from ever becoming victims or perpetrators of domestic violence and or sexual violence by giving them the skills and knowledge to build healthy relationships

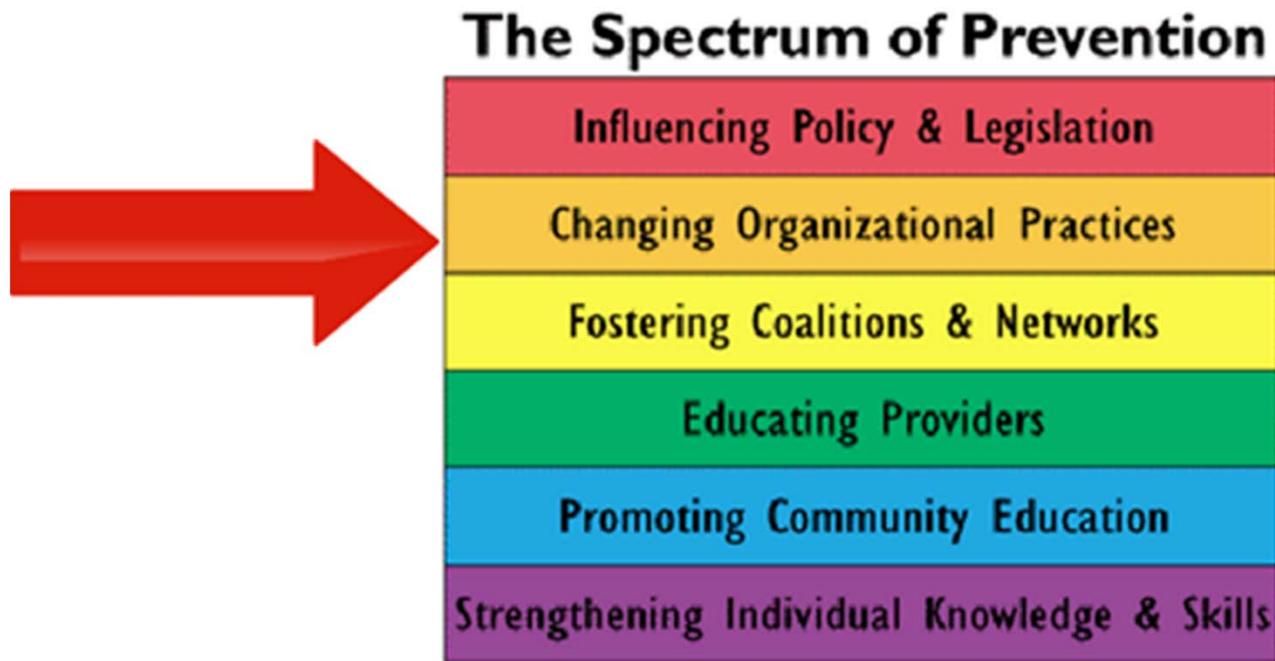
Prevention Continuum



Primary prevention does not replace intervention, it compliments it.

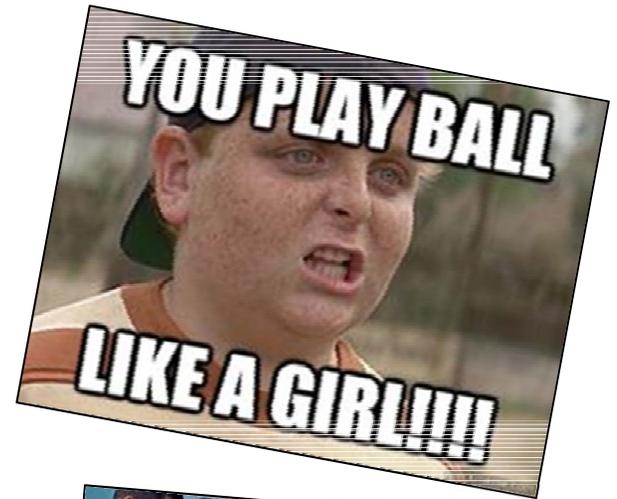
Spectrum of Prevention

- Prevent Connect Video - Using the Spectrum of Prevention to develop comprehensive strategies to prevent violence against women



Social Norms

- Prevent Connect Video – Changing Norms to Prevent Violence Against Women



Toolkit



- ❑ Launched August 2015
- ❑ Hosted 3 webinars in 2015
- ❑ Monthly updates
- ❑ Launching point for Primary Prevention Partners

Primary Prevention Partners



- Inspired by State Plan
- Intimate Partner Violence and Sexual Violence Primary Prevention
- Share activities and resources
- Discuss collaboration
- Leverage Resources

Rape Prevention and Education Grantees



- ❑ **Rape and Abuse Crisis Center (RACC), Fargo**
 - ❑ Teen Talk
 - ❑ Changing our Environment Committee(COE)

- ❑ **Community Violence Intervention Center (CVIC),
Grand Forks**
 - ❑ Friendships that Work
 - ❑ Community Action Team (CAT)

Primary Prevention Partners



- What caught your attention during the primary prevention overview and RPE grantee presentations?

Primary Prevention Partners



- What seemed exciting to you?
- What parts did you have questions on?

Primary Prevention Partners



- What things can you see this group accomplishing?
- What do you hope to gain from this group?

Primary Prevention Partners



- Where should the group go from here?
- How often would you like to meet?
- Where do you want to meet?
- What content do you want for the meeting?

Thank you!

Mallory Sattler

Domestic Violence/Rape Crisis Program Coordinator

Division of Injury Prevention and Control

North Dakota Department of Health

600 E Boulevard Ave Dept 301

Bismarck ND 58505-0200

Phone #: 701.328.4562

Email: mlsattler@nd.gov

<http://www.ndhealth.gov/domesticviolencerapecrisis/>



RACC

Primary Prevention

Primary Prevention History

- **Delta**
- Three community committees
 - Middle/High School
 - College
 - General Population



IT'S
EVERYONE'S
BUSINESS
Summit to Prevent
Domestic and
Sexual Violence

A one-day **think tank** to bring together **leaders** from government, education, industry, faith, and philanthropy **with experts in personal violence prevention** to design actions in Fargo-Moorhead.

TUESDAY,
SEPTEMBER 18, 2012

Ramada Plaza
and Suites
1635 42nd. St. S.
Fargo, N.D. 58103

8 AM - 4 PM

Registration 8-8:30 AM
Light breakfast buffet
and lunch provided

Summit Goals

- Increase Summit Organizers' knowledge of primary prevention including knowledge of social norms and how to change them
- Increase Summit Organizers' ownership and investment
- Increase Summit Organizers' participation in primary prevention activities
- Increase Summit attendees knowledge about social norms that contribute to violence against women and how to change them
- Attendees will commit to participation in primary prevention activities



It's Our Business: College Summit to Prevent Dating and Sexual Violence



Changing Our Environment

- 30 community leaders
- Foundations
- Media and Education
- Policy and Sanctions

Planning



COE Objectives

- Gather and disseminate credible data
- Promote primary prevention and committee efforts
- Engage community
- Promote prevention education in schools, community, local media, social media
- Encourage prevention policy development in workplaces, schools, and private organizations
- Support strong community sanctions for intimate partner and sexual violence

Social Norms

- Narrow and Rigid Definitions of Masculinity
- Acceptance of Violence

HEALTHY MASCULINITY SUMMIT: It's Everyone's Business



OCTOBER 1 • FARGO

1 - 4:30 PM • HEALTHY MASCULINITY SUMMIT

6 PM • TAKE BACK THE NIGHT RALLY

SAVE THE DATE!

Facilitated Discussion



A CALL TO MEN

- NDSU
- 600 Students
- 58% males
- Men's Breakfast
- 180 Men
- 93% males

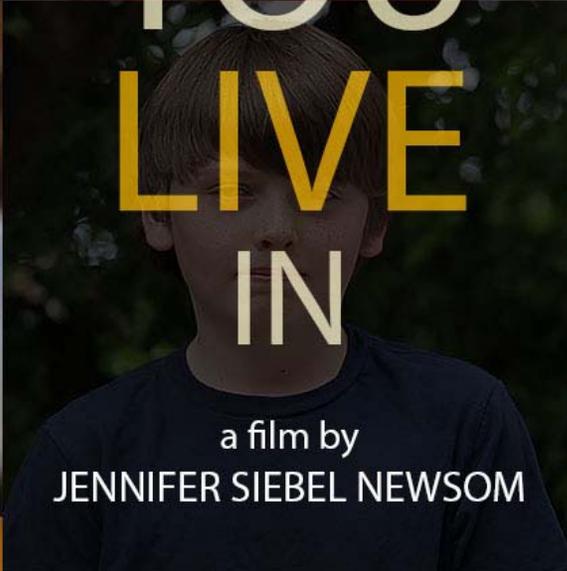
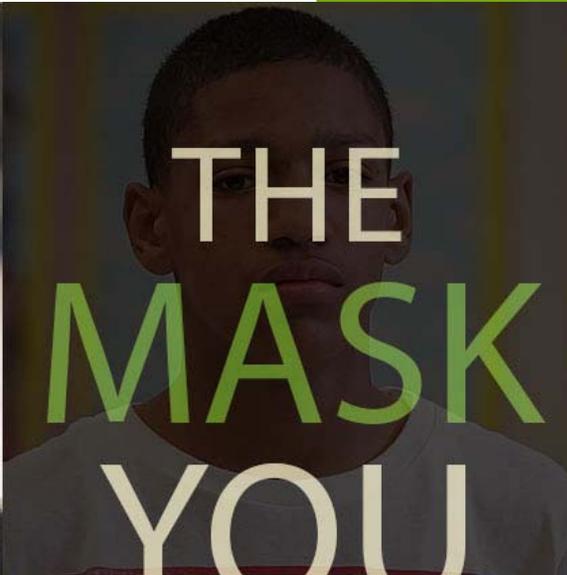
600 Students





Media Coverage





a film by
JENNIFER SIEBEL NEWSOM

The Mask You Live In 2015



Community Readiness

	2011	2014
A. Community Efforts	7	7
B. Knowledge of Efforts	3	6
C. Leadership	3	6
D. Community Climate	4	4
E. Knowledge of the Issue	4	4
F. Resources	4	6
Overall Score	4.17	5.5

Healthy Relationships Curricula

- Teen Talk
- Expanded HR Curriculum

Community Violence Invention Center

211 South Fourth Street

Grand Forks, ND 58201

www.cviconline.org

701-746-0405

Community Action Team

Group of professional and community members who share a passion for making Grand Forks a better place. We work to end sexual violence and change harmful social norms.

This work is done by being involved in a number of things including:

- *Monthly meetings, where the team discusses future social events, and local and national events of interest.*
- *The CAT organizes community events including Guante, who is a spoken word artist who performed on the UND campus. He also led a workshop for different community professionals which taught different creative techniques for inspiring change. The CAT has also brought in Jackson Katz, who is an internationally renowned speaker on the issues of gender and violence. He presented to the community, and then led a workshop on those issues of getting men and leaders of the community involved.*
- *The CAT also led the presentation of the movie "Hunting Grounds". This movie is on the prevalence of sexual assaults on college campuses was screened for the community at a local movie theater.*
- *The CAT also shares opportunities with other members. This can include volunteer chances, webinars, or news stories.*

Friendships That Work: A positive Friendship Curriculum

**The curriculum is an engaging process that
invites youth to develop positive friendships
skills that will translate to healthy future
intimate relationships**

Friendships That Work

- Friendships skills leads to success by having social skills correlate with better educational, vocational and relational success
- Teaching good friendship skills during the critical period can lead to better, and more successful, adult relationships
- Best practices in teaching social skills involve modeling, hands-on activities and feedback in multiple sessions.
- Gottman's Theory found that "marital friendships" was at the core of long-lasting and satisfying marriages for both men and women. (especially everyday interactions)
- Knowing how to build connections, communicate understanding, and deal with difficult feedback (conflict) is at the core of any friendship.
- Pilot studies show that it has an impact on both classroom climate and on student's awareness of their friendship skills.

Friendships That Work

Curriculum

- Setting Classroom rules and helping students self-evaluate their friendship skills
- Understanding the basic building blocks of close friendships, listening skills and the importance of asking questions.
- Learning how to connect meaningful with others
- Learning how to hear and respond to critical feedback from close friends
- Learning how to give difficult feedback to close friends in a caring but direct way; Learning how to manage difficult emotions in the context of a close friendship

**Peggy Jo Coll, Prevention and Education Specialist
And
Keegan Hahn, Prevention and Specialist**